Dear Parent/Guardian,

Laurel Ridge Camp, Conference and Retreat Center is an Agency of the Moravian Church in America, Southern Province.

Its Christian mission is to provide opportunities for people to grow spiritually by living in community in an outdoor setting.

Below you will find information about our camp, policies, registration and what to bring to camp.

For questions, please contact the program Manager – Scarlett Dowdy. The contact information is at the bottom of this email.

Information for Campers & Parents

Camp Nurse

Laurel Ridge has a nurse on staff during the summer. If a camper takes medications or has special medical concerns, the details should be reported on the Health Form. The nurse will go over this information at registration and this information will be passed to the counselors & staff. At all camps, the nurse will collect prescription medications and administer them to the camper as directed. Medicines should be brought to camp in the original pharmacy containers. Please send only the number of doses needed while at camp.

Insurance

Campers are insured by Laurel Ridge for outside medical treatment resulting from accidental injuries up to \$3000. There is additional insurance you can purchase if you need to through our registration software. Campers are not insured for outside treatment resulting from illness. If a camper requires such treatment, the fees will be the responsibility of the camper's personal insurance. Parents or guardians will be notified immediately in the event of injury or illness.

Cabin mate and roommate policy

We believe that an important part of the camp experience is to make new friends and become fully involved with the whole camp. We also understand that young people want to be with a friend, especially if they are coming to Laurel Ridge for the first time. Therefore, a camper may request one roommate and that person must request this camper as a roommate for the two to room together.

If you have a concern about room assignments, call our office before the Registration Deadline Date. We will be unable to make changes after that date as all the information we provide deans, counselors, medical and camp staff prior to camp must include cabin assignments

Arrival Time

Campers should arrive between 3:00 & 5:00 pm on Friday afternoon. Check-in closes at 5:00 pm. All campers should check in at the dining hall. If your camper is not able to arrive by 5:00 pm, please contact the Program Manager by Friday before session begins.

When should campers be picked up from camp?

Campers should be picked up at 3:00pm in Summer camp on the slab..

Emails and letters

How do I send mail/Email to a camper? Email your camper at info@laurelridge.org please indicate which camp your child is attending on the email.

Address your letter or card to:

Camper Name, Laurel Ridge, 124 Pendry Drive, Laurel Springs, NC 28644 and put the name of the camp (example: Junior 1) on the envelope. Mail early in the week and be sure to include a return address in case your letter does not arrive by Friday of the camp week.

Will my camper need money?

Canteen snacks are included in the registration price. If the camper wants to buy items such as clothing, hats, waterbottles, flashlights, etc. they will need money to do so.

What should campers bring to camp?

Please label each item a camper brings to camp with the camper's name.

? Be sure they come with adequate, closed-toe, walking/hiking shoes. Flip-flops are not allowed accept in the shower.

- ? Bedding (sheets or sleeping bag, blanket and pillow).
- ? Long pants or jeans for trail hiking.
- ? Adequate rain gear
- ? For cool nights, warm clothing, jacket, hoodie, etc.
- ? Please label each item a camper brings to camp with the camper's name.
- ? Shorts, shirts, socks, underwear, etc for everyday wear.
- ? Pajamas
- ? Swim suits and sunscreen
- ? Beach towels for swimming.
- ? Toiletries: such as soap, shampoo, toothbrush/paste, deodorant
- ? WATERBOTTLE and flashlight
- ? Dirty clothes bag

? Important: Please instruct your camper to be sure they leave camp with all their things. Laurel Ridge cannot be responsible for lost items or anything left at camp.

What things may campers NOT bring to camp?

Laurel Ridge is a drug, alcohol and smoke free environment.

Campers bringing illegal drugs or alcoholic beverages to camp will be sent home immediately.

Campers are expected to abide by the no-smoking policy.

Campers should not bring: radios, Ipods, MP3 players, electronic games,

We will confiscate these items and return them at the end of the week.

? PLEASE NOTE: For their protection, it is camp policy that campers not have visitors during their camp..

How do I get to Laurel Ridge?

Laurel Ridge is located in the Blue Ridge Mountains,

about two miles off of Highway 18 between

North Wilkesboro, NC and Sparta, NC

DRIVING DIRECTIONS

• To reach Laurel Ridge from Winston-Salem and points east, travel Highway 421 to North Wilkesboro and take the Business 421/Highway 115 exit (#282).

Turn right and proceed about 3 miles to the junction with Highway 18. Turn right and follow Highway 18 North from North Wilkesboro for about 19 miles and turn left onto Darnell-Woodie Rd. (State Road 1620) Travel about a mile and look for signs directing you to Laurel Ridge facilities.

• From Charlotte and points south, travel I-77 to Highway 421 North to North Wilkesboro. Then follow the directions above.

• From Asheville and points west, travel I-40 East to

I-77 North to Highway 421 North to North Wilkesboro. Then follow the directions above.

• From Virginia and points north, travel I-81 to Wytheville, VA and follow Highway 21 South toSparta, NC and turn right on Highway 18 South. Turn right on Darnell-Woodie Rd about a mile after crossing under the Blue Ridge Parkway.

For more information, contact:

Program Manager Laurel Ridge 124 Pendry Drive Laurel Springs, NC 28644 Phone: 336-359-2951 x225, cell# 336-601-3034 Email: scarlett@laurelridge.org Web: www.laurelridge.org